

Questions, go ahead.....

# Ask-the-doctor

## An introduction to our free phone consultation service



Dr. Kukurin provides free no obligation phone consultations for area residents. Just call and set up a time for him to call you back.  
**412-381-4453**

***The best way to get something done is to begin.***



Sign up for our free eMail Newsletter. It's full of great tips to help you relieve, prevent and eliminate the cause of your pain...it's free! Visit [www.alt-compmed.com](http://www.alt-compmed.com) Asked to be put on our emailing list!

**How it works.** Just call one of our caring assistants at 412-381-4453 and tell her you want a free phone consultation with Dr. Kukurin. That you have questions about your health. She will set up a time (mutually convenient) when Dr. Kukurin can call you back. He'll discuss your >>

Pain is a sign that tissue in your body is being damaged. There is no glory in having a **“high pain threshold”**, it merely means that you are allowing the damage to progress. If you have been experiencing pain for some time, call me now so we can figure out what you need to do to correct your problem. After I speak with you for a while, I can usually determine what is wrong with you, if you need an examination, what tests, if any, you may need and most importantly, if what I have to offer is what you need. If I feel you are better off with another type of doctor I'll advise you who I think you should see. ~ Dr. K

***Procrastination is something best put off until tomorrow.***

Dr. Kukurin has been answering patients health care questions through his innovative **Ask-the-Doctor** program since 1986. Many patients find answers to their health problems through a friendly chat with Dr. Kukurin. Other beneficial health tips are contained in our free newsletter. Call to take advantage of these wonderful programs. Compliments of Kukurin Chiropractic!



symptoms with you. He'll tell you what he thinks may be the *cause* of your problems and offer some recommendations to you based on your conversation. There is no cost or obligation for this consultation. ***When was the last time a doctor offered you his time and expertise at no cost? Call today!***

***Putting off an easy thing makes it hard. Putting off a hard thing makes it impossible.*** ~George Claude

**If you are in pain and want to be seen now, call us, we should be able to see you today!  
412-381-4453 ~ Dr. Kukurin**